

Gear List for Totara Springs Camp 2022

Most of the camp programmes and activities run rain or shine. Therefore, individuals need to be prepared so that their clothing can handle any weather.

The following is a suggested gear list. You should have all of these items, so try to borrow from friends and family if you do not own them. We suggest that **all gear** is clearly named.

Lunch

- Packed lunch for the first day.

Bedding

- Large bag or suitcase (to keep everything in).
- Day pack. (school bag is fine)
- Sleeping bag.
- Bottom sheet (optional, but recommended)
- Blanket (in case it turns cold at night).
- Pillow & pillow case.

PLEASE DO NOT BRING...
Electronics such as iPod, camera, gaming devices etc.
Pocket knives / any weapons
Lighters / matches
Cell phones.
Makeup or jewellery.
Money.
Any food / fizzy's / lollies etc.

Clothing:

- Pyjamas
- Warm jersey or bush shirt (woollen or fleece).
- Sweatshirt.
- T-shirts (enough for each day) + 1 or 2 spare
- Shorts (enough for each day) + 1 or 2 spare
- Trousers/leggings (enough for each day) + 1 or 2 spare
- Underwear - (enough for each day) + 1 or 2 spare
- Socks (enough for each day) + 1 or 2 spare
- Waterproof jacket / raincoat preferably with hood.
- Covered shoes (these are **necessary** for activities i.e rock climbing).
- Sandals or Jandals (for walking around the accommodation area).
- Old shoes (that can get wet/muddy).
- Togs and a swimming towel.

Toilet Bag:

- Comb / Toothbrush / Toothpaste.
- Face Cloth / Soap.
- Sunscreen.
- Insect repellent.
- Sanitary Items.
- Deodorant (roll on, not spray).
- Towel for showers.

Other:

- Drink Bottle - named clearly.
- Torch and spare batteries.
- Sun hat.
- Sunglasses optional.
- Book to read in down time / diary to write in
- Plastic bags (for dirty & wet clothes).
- Medication (to be signed in to the teacher prior to leaving on Wednesday morning).
- A sense of adventure.

Medication:

(if any, clearly label with instructions to be handed in the morning of camp to the first aid teacher).