



# Te Awamutu Primary School Cross-Country AND Colour Run 2022 Wednesday 24th August Postponement date: Monday 29th August



This year, we are doing things a little differently. Children are given the **OPTION** to participate in a competitive cross country race (similar to what we have always done). All races will be held in *age groups* and will take place within the TAPS school grounds over a variety of terrains with simple obstacles. In the afternoon, **ALL** children will be participating in a colour run, with obstacles, coloured powder being thrown and with an emphasis on FUN!

*Children do not need to wear school uniforms on this day. They must come in appropriate running clothes (white / light colour if possible). All children must wear footwear to and from school. We ask that all students **MUST** bring a change of clothes to change into after the Colour Run.*

## Optional Cross Country Competitive Timetable

*(Approximate times only)*

### 8.55-9.05 Roll and assemble on field

9.10 am	11 year boys/girls
9.25 am	10 year boys
9.40 am	10 year girls
9.55 am	9 year boys
10.10 am	9 year old girls

### 10.30 am-10.50 Morning Tea

11.00 am	8 year boys
11.15 am	8 year girls
11.30 am	7 year old boys
11.35 am	7 year old girls
11.40 am	6 year old boys
11.45 am	6 year old girls
11.50 am	5 year old boys
11.55 am	5 year old girls

### 12.15 pm-1.10 pm Lunch

1.30 pm	Assemble on field in waka groups
1:40 pm	Colour Run to begin. Students will be sent off in waves of approx 30-50 children at a time
2.20 pm	Parent / teacher Colour Run
2.35 pm	Jump Jam on field / group photo
2.40 pm	Return to class for clean up and pack up for the end of the day

### Students will need:

- ★ Water bottle.
- ★ Appropriate running clothes (white if possible).
- ★ Plenty of morning tea and lunch.
- ★ Warm jacket or jersey to wear before and after running.
- ★ Change of clothes for end of day

There will be \$2 sausage sizzle available for pre-order before school on the day, organised by Friends of TAPS. Coloured powder will also be available to purchase for \$2 per cup. This can only be purchased from 1.10pm -1.35pm from the powder stall on the field.

Ngā mihi nui,

TAPS Teachers